

# Patient Information and Waiver

## CONTACT INFORMATION

Name: \_\_\_\_\_ Date of Birth (d/m/y): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Dream Occupation: \_\_\_\_\_  
Email: \_\_\_\_\_ Greenshield No.: \_\_\_\_\_

## MEDICAL INFORMATION

Family Doctor: \_\_\_\_\_ Chiropractor: \_\_\_\_\_  
Other health professional(s): \_\_\_\_\_

Do you currently have, or had in the past any issues related to any of the following (please specify):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Heart attack                | <input type="checkbox"/> Cancer                | <input type="checkbox"/> Arthritis:                 |
| <input type="checkbox"/> Stroke                      | <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Bone / joint disease:      |
| <input type="checkbox"/> Blood clots                 | <input type="checkbox"/> Earache               | <input type="checkbox"/> Fractures:                 |
| <input type="checkbox"/> Heart disease               | <input type="checkbox"/> Hearing loss          | <input type="checkbox"/> Sprains / Strains:         |
| <input type="checkbox"/> High or low blood pressure  | <input type="checkbox"/> Vision loss           | <input type="checkbox"/> Tendonitis:                |
| <input type="checkbox"/> Hemophilia                  | <input type="checkbox"/> Headaches: _____      | <input type="checkbox"/> Bursitis:                  |
| <input type="checkbox"/> Varicose veins              | <input type="checkbox"/> Dizziness             | <input type="checkbox"/> Jaw (TMJ) pain             |
| <input type="checkbox"/> Lymphedema                  | <input type="checkbox"/> Epilepsy              | <input type="checkbox"/> Menstrual pain             |
| <input type="checkbox"/> Shortness of breath         | <input type="checkbox"/> Fibromyalgia          | <input type="checkbox"/> Pregnant; due date: _____  |
| <input type="checkbox"/> Bronchitis                  | <input type="checkbox"/> Skin condition: _____ | <input type="checkbox"/> Sensitivity to heat / cold |
| <input type="checkbox"/> Emphysema                   | <input type="checkbox"/> Athlete's Foot        | <input type="checkbox"/> Other:                     |
| <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Hepatitis             |   |
| <input type="checkbox"/> Pain with cough / sneezing? | <input type="checkbox"/> Herpes                |   |
| <input type="checkbox"/> Chronic cough               | <input type="checkbox"/> HIV / AIDS            |   |
| <input type="checkbox"/> Smoker?                     | <input type="checkbox"/> Tuberculosis          |   |

Any allergies? \_\_\_\_\_

Any motor vehicle accidents? When? \_\_\_\_\_

Any surgeries? When? \_\_\_\_\_

Any pins, plates, wires, or pacemakers? \_\_\_\_\_

Current medications: (include Homeopathy, natural remedies, etc.) \_\_\_\_\_

## INJURY HISTORY

What is your primary complaint or major area of pain? \_\_\_\_\_

How long have you had it? \_\_\_\_\_

Can you attribute it to anything? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Does it interfere with your work? \_\_\_\_\_ Sleep? \_\_\_\_\_ Daily routine? \_\_\_\_\_

How much water do you drink? \_\_\_\_\_ How much tea/coffee do you consume? \_\_\_\_\_

**Please sign the waiver on the back →**

# Patient Information and Waiver

## TREATMENT AUTHORIZATION

Medical information in my patient file is **confidential** and will not be released to any outside sources without my written permission.

I authorize the staff at The POD to use my personal information for verification of direct billing with insurance companies (if applicable).

I give the staff at The POD permission to **communicate** information about my injury to:

- My family doctor and the above named healthcare practitioners.
- Any of the following: \_\_\_\_\_  
\_\_\_\_\_

I understand that I am receiving treatment from a **Certified Yoga Therapist** and/or **Registered Massage Therapist**, and am responsible for any treatment costs incurred.

I am responsible to ensure that my **private health insurance** covers the services provided.

I am aware that I may terminate any **massage** treatment at any point of the session at my discretion without reason.

I acknowledge that **yoga** is not a medical practice intended to cure any condition(s) I may have. I take responsibility for my well-being during all yoga classes and agree to hold the teacher harmless should I sustain an injury.

I am aware that **cancellations** with less than 12 hours notice are subject to the full appointment fee. Please give us 24 hours notice if you are unable to keep your appointment so that we may offer your time slot to another client.

I am aware that all returned cheques are subject to a \$30 service fee.

The information provided on this form is complete to the best of my knowledge.

What is your preferred contact number?     Home     Cell     Work

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parental Signature if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

How did you find out about The POD? \_\_\_\_\_